

“We’ve begun to see that God’s will for us is the ability to live with dignity, to love ourselves and others, to laugh, and to find great joy and beauty in our surroundings.” (IWHW pg. 81)

916 North Area Activities Presents.....



r-ECO-very hikes

Go outback not back out...

May 2, 2009 - Orland Buttes Hike
(Paul Thomas Trail)

12:30pm We are rendezvousing at the Subway Parking lot in Orland (839 Newville Rd Orland, CA).

1:30pm Start hiking from the Orland Buttes Campground. There are two hikes being offered: A shorter hike about a mile that is easy for all, that offers a beautiful view of Black Butte Reservoir. The other hike is a three mile hike that is somewhat strenuous (a real leg burner) not recommended for anyone that has heart disease, or with other serious health conditions. 2 ½ to 3 hours.

Hiking Do's and Donts- Do bring water, one to two

liters, snacks especially be sure to bring enough if you have kids with you. Bring sunscreen and a hat.

Sunburn is the most common injury for hikers. **Do** learn to recognize poison oak. **Do** leave wildlife alone.

Do bring something to spread out if you want to sit on the grass. Do have fun. **Don't** bring your pets.




Don't try to pick up a snake or other wildlife. **Don't** wear flip-flops, pumps, and brand-new shoes.



Smokers **don't** litter the parks with butts and filters, carry garbage out with you.


4:00pm The hike ends at the Eagles Pass Recreation Area, where the Orland Back to Basics Group will be hosting a Picnic Bar-b-Que there is no fee for the meal. If you want to donate to the Picnic please call Francis at (530) 624-4742 or Ryan at (530) 936-4519. Members of the Orland Back to Basics group and 916 North Area Activities will provide shuttles back to our cars. Be advised that parking at the Orland Buttes Campground and Eagles Pass Recreation area is \$4.00 so please car pool.

5:00pm Speaker Meeting with Shar T. 17 years clean

Directions-

From Chico to rendezvous point: Take Hwy 99 North ,  Take EXIT 387B the EAST AVE exit, 
Turn LEFT onto EAST AVE. go 2.0 mi  Turn RIGHT onto CA-32/NORD AVE. Continue to follow CA-32. 17.0 mi End at 839 Newville Rd Orland, CA

From I-5 to rendezvous point:  Take the CA-32 exit, EXIT 619, toward ORLAND/ CHICO.  Turn RIGHT onto CA-32/NEWVILLE RD. 0.2 mi End at 839 Newville Rd Orland, CA

From the rendezvous point to Orland Buttes Campground: go WEST on CA-32/NEWVILLE RD for 8.1 miles.  Turn left on County Road 206 and drive 4 miles to the Orland Butte campground.

Our Next planned hike will be a morning recovery walk at
Unity Day on June 6th

For Info Call Alice 354-1065 or Francis 345-3977